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CREDITS Mendocino Coast 253

Credit is given to all the truly brilliant artists, writers and photographers so noted throughout this book. It's Incredible! Thank You! To all the kindred spirits I met along the way who believed in this book and patiently waited. May the information on these pages help to guide, heal and inspire. May your spiritual and nature guides teach appropriate lessons, bless and protect you.

Special thanks to Jenifer Todd, who created the concept of "Conscious Tourism", and to all the kindred spirits who helped make this book possible. Special thanks to all the "mom and pop" business who welcome thinking out-of-the-box and cooperated with the production of this book. May your cups run over and your world be full of love, health, justice and personal sovereignty.

Thanks to my Animal Guides - Angel dogs and cats in furry suits who unconditionally loved and protected me and my friends. They touched the hearts of many and lit the path to Conscious Tourism. Blessed be to all those who love their children, pets and gardens helping to make our world a safe and loving place.



Robert W. Matson and Zeus explore the north coast together looking for healthy and enlightening places for you to vacation in and grow in new directions.

living on a land as fair as any under the sun. California's north coast is the perfect place for re-creational transformation and the beginning of the Conscious Tourism movement.

If you would like to correspond with Robert you can write him at
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Robert W. Matson has been writing about the people and land north of San Francisco for over 30 years. He is an award winning author who is dedicated to keeping his fingers on the pulse-beat of this vibrant region, networking and guiding travelers to the talented and compassionate people who run the hundreds of "mom and pop" business's you will find in this and his other books.

The people of Mendocino County are feisty, independent, warm and friendly and

In the Spring of 2006 multiple websites will be launched thanking the hundreds of people who helped to make this book possible by nurturing the Conscious Tourism movement with their time, money, love and resources.

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